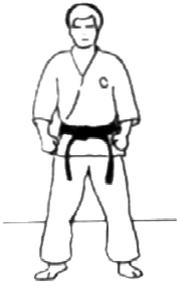
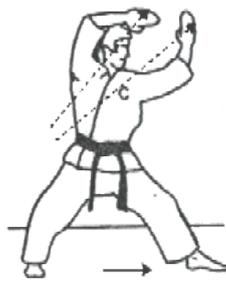


Heian Yondan



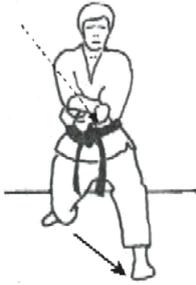
Yoi



**1- Hidari Haiwan Uke
Kokutsu Dachi**



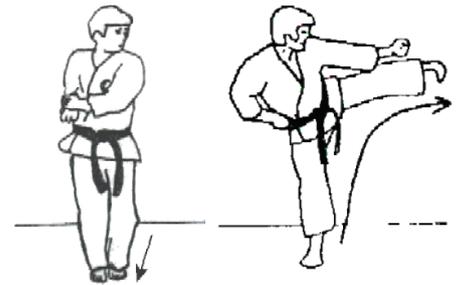
**2- Migi Haiwan Uke
Kokutsu Dachi**



**3- Hidari Gedan Juji Uke
Zenkutsu Dachi**



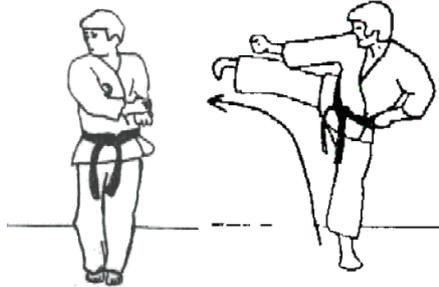
**4- Migi Chudan Morote Uke
Kokutsu Dachi**



**5- Hidari Uraken Uchi
Yoko Geri Keage**



**6- Migi Mawashi Empi
Zenkutsu Dachi**



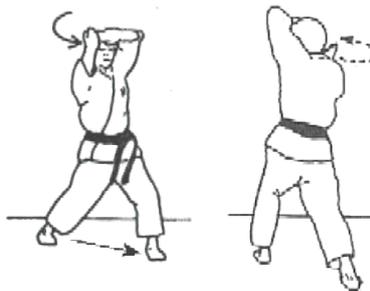
**7- Migi Uraken Uchi
Yoko Geri Keage**



**8- Hidari Mawashi Empi
Zenkutsu Dachi**



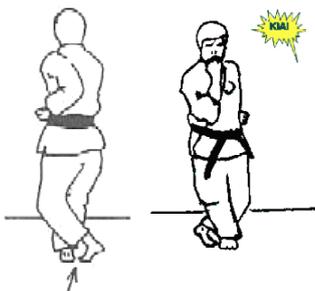
**9- Hidari Shuto Gedan Barai
Zenkutsu Dachi**



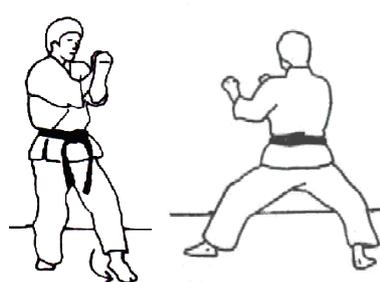
**10- Migi Gyaku Shuto Uchi
Zenkutsu Dachi**



11- Migi Mae Geri



**12- Migi Tate Uraken Uchi
Kosa Dachi**



**13- Hidari Chudan Kakiwake Uke
Kokutsu Dachi**



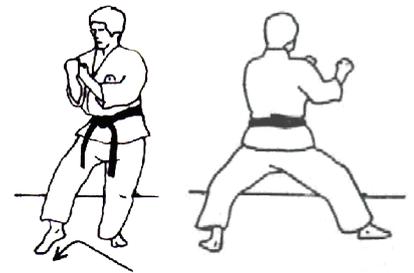
14- Migi Mae Geri



**15- Migi Chudan Oi Tsuki
Zenkutsu Dachi**



**16- Hidari Chudan Gyaku Tsuki
Zenkutsu Dachi**



**17- Migi Chudan Kakiwake Uke
Kokutsu Dachi**



18- Hidari Mae Geri



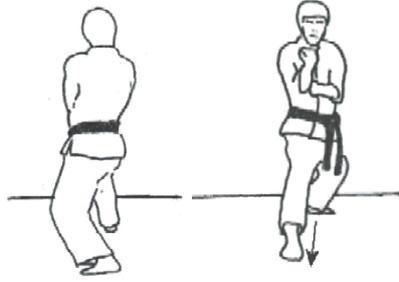
**19- Hidari Chudan Oi Tsuki
Zenkutsu Dachi**



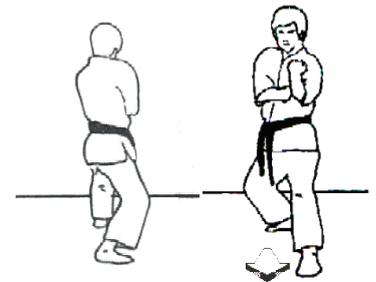
**20- Migi Chudan Gyaku Tsuki
Zenkutsu Dachi**



**21- Hidari Chudan Morote Uke
Kokutsu Dachi**



**22- Migi Chudan Morote Uke
Kokutsu Dachi**



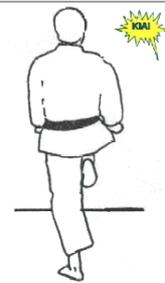
**23- Hidari Chudan Morote Uke
Kokutsu Dachi**



**24- Hidari Jodan Seiryuto Uchi
Zenkutsu Dachi**



Front view



**25- Migi Hiza Geri
Ippon dachi**



**26- Hidari Chudan Shuto Uke
Kokutsu Dachi**



**27- Migi Chudan Shuto Uke
Kokutsu Dachi**



Yame